

YOUR QUARTERLY NEWSLETTER



From Cheltenham, Tewkesbury, Gloucester and Stroud



January 2025 | Issue no. 3

Welcome to our first newsletter of 2025. We do hope you had a great Christmas and wish you all the best for the new year!

We have a lot of news to catch up on but firstly, we wanted to let you know how we helped the Cornerstone Centre's Food Pantry in Cheltenham last year.

When hearing about the project, Mike, our Director, wanted us to be involved. He wanted to help this much deserving community project. It has always been Mike's aim since joining

Caremark to be able to give back to the community.

So Mike and Beth visited the Cornerstone Centre with a trolley full of provisions. This included food and much needed personal household and hygiene items.

Mike, and his supportive team, want to continue helping the Food Pantry. So much so they plan to visit regularly with their trolley full of donations. Giving back to a community project such as the Food Pantry very much sums up our ethos.

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The Incredibles Award Ceremony

We can proudly announce that Rachel, a care assistant from Cheltenham, was one of only 10 finalists for a national Incredible of The Year award.

Rachel stood out for her exceptional caregiving, triumphing over 5,500+ care assistants from across the UK. Along with the other finalists, late last year Rachel attended a special afternoon tea and award ceremony at Fortnum & Mason in London.

One of Rachel's customers said "I look forward to her visit, she takes the loneliness away, and she brightens my day."



Caremark Cheltenham's Christmas Party

Late November, we celebrated our much-anticipated Christmas Party. Whilst the event might have been a touch early for Christmas, the planning for this festive celebration had been in the works since summer!

All care assistants were invited to bring a guest along to join the festivities, making the evening even more special.

The evening started with plenty of mingling, followed by a mouth watering 'Curry Night' feast. The spread was a true hit and left everyone satisfied.

Our Awards Ceremony

The highlight of Caremark's Christmas Party night was, of course, the awards ceremony. Jo and Mike began by sharing heart warming customer comments collected since September. Each care assistant received a certificate featuring these uplifting messages, celebrating their incredible dedication and care.

The evening culminated in the announcement of the prestigious Care Assistant of the Year 2024 award, which was unanimously awarded to Joyleen.

Congratulations Joyleen!



Our Christmas Festive Coffee morning

Our coffee mornings are becoming very popular and each month we have more attendees; our Christmas event was no different!

Gentle stretching and warming movements were soon overshadowed by laughter along with hand to eye coordination actions.

Our attendees not only exercised but also sang Christmas carols and ate a huge quantity of mince pies!

Want to know our next coffee morning date? Then check the back page of this newsletter. See you there!

More good news!

Unfortunately, Danny had to miss our award ceremony late last year as he was in India for a very important engagement - he was getting married!

Congratulations Danny!

Here is Danny stopping by the office to collect his award for Attendance and Commitment.

Well deserved and thank you for your hard work!

Thanks to all our care assistants for their hard work and dedication in 2024. We are very much looking forward to working with you all in 2025.



These are the dates for our next coffee mornings. At our usual venue of St Philip and St James Church, Grafton Road, Cheltenham GL50 2DD with the NEW time of 11am and 1pm and on a Thursday:

30th January 2025
20th February 2025
20th March 2025; and
17th April 2025.

We do hope to see you there – everyone is welcome!

Caremark Cheltenham & Tewkesbury

t: 01242 370 797

e: cheltenham@caremark.co.uk

w: caremark.co.uk/cheltenham-and-tewkesbury

